



## Clinical Pearls: Autism and Compounding Pharmacy

Autism spectrum disorder (ASD) can present many challenges for patients when it comes to the administration of medications, and it can have a major effect on patient adherence. These challenges are especially prevalent in the pediatric population due to their dynamic metabolism and specific preferences in taste and texture. Compounding pharmacies can provide exact dosing for patients to provide optimal therapeutic care, and meet their demands for palatability.

### The benefits of a Compounding Pharmacy:

A compounding pharmacy can create prescriptions that are custom dosed and made to fit exact flavor and texture profiles, which may increase ease of administration and patient adherence. Our products can also be made to fit specific dietary needs and accommodate any patient allergies. Medications can be compounded to help ASD patients with sleep, anxiety, agitation, focus, and many other complex challenges.

### Pharmaceutical Grade OTC Products:

There have been many studies that have linked gut health to positive health outcomes for patients with Autism Spectrum Disorder. Olive Tree Compounding Pharmacy provides high quality pharmaceutical grade OTC products to provide nutritional support including: probiotics, vitamins, minerals, and immune support complex. CBD products may provide additional benefit including relaxation and deep restorative sleep support.

Contact Olive Tree Compounding Pharmacy for more information regarding our products and services. We'd like to work closely with you and your other healthcare providers to design comprehensive formulas that work just for you!

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